

## Parks & Recreation Division

by LeAnn Edmunds, Parks &  
Recreation and  
Janet Cassel, Alta Canyon  
Director



### Alta Canyon Sports Center

#### Hours of Operation:

- Monday - Thursday  
5:30 a.m. - 10:00 p.m.
- Friday 5:30 a.m. - 8:00 p.m.
- Saturday 6:30 a.m. - 8:00 p.m.
- Sunday 12:00 p.m. - 5:00 p.m.

### Come On In, The Water's Great!

The refreshing outdoor 50m pool, with the beautiful mountains as a backdrop, is open for the public through Labor Day. Swimming and diving lessons are offered through August. Private pool rentals are available for the public and we specialize in birthday parties! Carnival Night is August 16th, full of fun water games and activities. Don't forget Dippin' Dogs in the pool for your favorite pooch on September 16th. Come by for a plunge sometime!

### Aerobics Are Still Hoppin' At Alta Canyon

Do you like to spin, kick, lift, step, float or pump? If so, our aerobic programs are for you. A full variety of fitness classes including power pump, step, cycling, Pilate's, yoga and cardio kickboxing are offered throughout the summer months inside the center or out in the pool.

Please call 568-4600 to check on pool schedules or information on other programs offered.

See pool schedule in next column.

## The Summer of Fun at the Sandy Amphitheater

by Steven Ireland, Community Events

July and August bring some of the biggest names in entertainment to the Sandy Amphitheater along with a Utah theater favorite produced by the Sandy Arts Guild.

### Jon Schmidt



Entertainer extraordinaire, Jon Schmidt comes to the Amphitheater Friday, July 7 with his biggest show of the summer. Country music is well represented this summer beginning with singing duo **Blue County**, Aaron Benward and Scott Reeves, on Saturday, July 8. For one night only, Wednesday, July 12, and on one stage, don't miss three of country music's most popular bands when **BlackHawk**, **Restless Heart** and **Little Texas** come to Sandy in one of the biggest concert events of the summer.



Little Texas



Restless Heart



Bill Medley

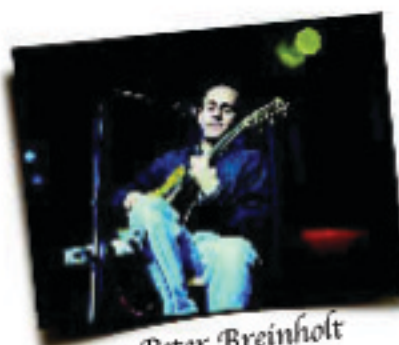
With hits including *You've Lost That Lovin' Feeling*, *Unchained Melody* and *You're My Soul and Inspiration*, **Righteous Brother Bill Medley**, Saturday, July 15, brings to the stage his unmistakable music legacy spanning over 40 years.

The **Utah Symphony** returns July 19 for another free family summer concert. No tickets are required for this event.

Come early for the best seats.

*You are the Woman*, *Just Remember I Love You*, *Strange Way* and *Cinderella* are just a few of the many hits from the successful crossover band

**Firefall**, performing on Saturday, July 22.



Peter Breinholt

**Peter Breinholt** brings his band, Big Parade, to the Amphitheater on Saturday, July 29. Currently in the recording studio Breinholt is working on his first CD of original material since 1999's "Deep Summer." This is a concert not to be missed.